# GEOMETRIC ANALYSIS SUMMER COURSE 

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These are lecture notes from a week-long summer course given at UT Austin in 2018. They're currently missing the material from chapters 1,2 , and 4 of [Li12], and I may update them sometime later to include this content. So all of the information below is from [Lee97].

## 1 Background

Note: all manifolds are presumed to be smooth $\left(C^{\infty}\right)$, Hausdorff, and second countable.

Definition 1.1. Let $V$ be a finite-dimensional vector space. $V^{*}$ is called the space of covectors on $V$ (a.k.a. the dual), and we denote the pairing $V^{*} \times V \rightarrow \mathbb{R}$ by

$$
(\omega, X) \mapsto\langle\omega, X\rangle \quad \text { or } \quad(\omega, X) \mapsto \omega(X)
$$

A covariant $k$-tensor on $V$ is a multilinear map

$$
F: \underbrace{V \times \cdots \times V}_{k \text { copies }} \rightarrow \mathbb{R}
$$

A contravariant $l$-tensor on $V$ is a multilinear map

$$
F: \underbrace{V^{*} \times \cdots \times V^{*}}_{l \text { copies }} \rightarrow \mathbb{R}
$$

A tensor of type $\binom{k}{l}$ is a multilinear map

$$
F: \underbrace{V^{*} \times \cdots \times V^{*}}_{l \text { copies }} \times \underbrace{V \times \cdots \times V}_{k \text { copies }} \rightarrow \mathbb{R}
$$

The space of all covariant $k$-tensors is denoted by $T^{k}(V)$, and the space of all contravariant $l$-tensors is denoted by $T_{l}(V)$. The space of all mixed $\binom{k}{l}$-tensors is denoted by $T_{l}^{k}(V)$. The rank of a tensor is the number of arguments (vectors and/or covectors) it takes.

Definition 1.2. We define the tensor product as follows: if $F \in T_{l}^{k}(V)$ and $G \in T_{q}^{p}(V)$, then the tensor $F \otimes G \in T_{l+q}^{k+p}(V)$ is defined by

$$
\begin{aligned}
& F \otimes G\left(\omega^{1}, \ldots, \omega^{l+q}, X_{1}, \ldots, X_{k+p}\right) \\
& \quad=F\left(\omega^{1}, \ldots, \omega^{l}, X_{1}, \ldots, X_{k}\right) G\left(\omega^{l+1}, \ldots, \omega^{l+q}, X_{k+1}, \ldots, X_{k+p}\right)
\end{aligned}
$$

Definition 1.3. If $\left(E_{1}, \ldots, E_{n}\right)$ is a basis for a vector space $V$, then $\left(\varphi^{1}, \ldots, \varphi^{n}\right)$ denotes the dual basis for $V^{*}$, defined by $\varphi^{i}\left(E_{j}\right)=\delta_{j}^{i}$.

A basis for $T_{l}^{k}(V)$ is given by the set of all tensors of the form

$$
E_{j_{1}} \otimes \ldots \otimes E_{j_{l}} \otimes \varphi^{i_{1}} \otimes \ldots \otimes \varphi^{i_{k}}
$$

where the indices $i_{p}, j_{q}$ range from 1 to $n$. These tensors act on basis elements by

$$
E_{j_{1}} \otimes \ldots \otimes E_{j_{l}} \otimes \varphi^{i_{1}} \otimes \ldots \otimes \varphi^{i_{k}}\left(\varphi^{s_{1}}, \ldots, \varphi^{s_{l}}, E_{r_{1}}, \ldots, E_{r_{k}}\right)=\delta_{j_{1}}^{s_{1}} \ldots \delta_{j_{l}}^{s_{l}} \delta_{r_{1}}^{i_{1}} \ldots \delta_{r_{k}}^{i_{k}}
$$

Any tensor $F \in T_{l}^{k}(V)$ can be written as

$$
F=F_{i_{1} \ldots i_{k}}^{j_{1} \ldots j_{l}} E_{j_{1}} \otimes \ldots \otimes E_{j_{l}} \otimes \varphi^{i_{1}} \otimes \ldots \otimes \varphi^{i_{k}}
$$

where

$$
F_{i_{1} \ldots i_{k}}^{j_{1} \ldots j_{l}}=F\left(\varphi^{j_{1}}, \ldots, \varphi^{j_{l}}, E_{i_{1}}, \ldots, E_{i_{k}}\right) .
$$

Definition 1.4. A $k$-form is a covariant $k$-tensor on $V$ that changes sign whenever two arguments are interchanged. The space of all such $k$-froms is denoted by $\Lambda^{k}(V)$.

There is a natural bilinear, associative product on forms called the wedge product, defined on 1 -forms $\omega^{1}, \ldots, \omega^{k}$ by setting

$$
\omega^{1} \wedge \ldots \wedge \omega^{k}\left(X_{1}, \ldots, X_{k}\right)=\operatorname{det}\left(\left\langle\omega^{i}, X_{j}\right\rangle\right)
$$

and extending by linearity.

Definition 1.5. Given a smooth manifold $M$, local coordinates for a point $p \in M$ are functions $x^{i}: U \subset M \rightarrow \mathbb{R}$ for open $U$ containing $p$.

Definition 1.6. For any point $p$ in a smooth manifold $M$, we define the tangent space $T_{p} M$ as follows: pick a coordinate chart $\phi: U \rightarrow \mathbb{R}^{n}$, where $U$ is an open subset of $M$ containing $p$. Suppose that two curves $\gamma_{1}, \gamma_{2}:(-1,1) \rightarrow M$ are such that $\gamma_{1}(0)=p=\gamma_{2}(0)$ and $\phi \circ \gamma_{1}, \phi \circ \gamma_{2}$ : $(-1,1) \rightarrow \mathbb{R}^{n}$ are differentiable. $\gamma_{1}$ and $\gamma_{2}$ are equivalent at 0 iff the derivatives of $\phi \circ \gamma_{1}$ and $\phi \circ \gamma_{2}$ at 0 agree. This defines an equivalence relation on the set of all differentiable curves initialized at 0 , and the equivalence classes of all such curves are call the tangent vectors of $M$ at $p$. The tangent space of $M$ at $p$, denoted $T_{p} M$, is defined as the set of all tangent vectors at $p$.

Definition 1.7. We can find a basis of the tangent space at a point $p$ as follows: given a chart $\varphi=\left(x^{1}, \ldots, x^{n}\right): U \rightarrow \mathbb{R}^{n}$ with $p \in U$, we can define an ordered basis

$$
\left(\left(\frac{\partial}{\partial x^{i}}\right)_{p}\right)_{i=1}^{n}
$$

of $T_{p} M$ by

$$
\forall f \in C^{\infty}(M): \quad\left(\frac{\partial}{\partial x^{i}}\right)_{p}(f):=\left(\partial_{i}\left(f \circ \varphi^{-1}\right)\right)(\varphi(p)) .
$$

Then, for every tangent vector $v \in T_{p} M$, we have

$$
v=\sum_{i=1}^{n} v\left(x^{i}\right) \cdot\left(\frac{\partial}{\partial x^{i}}\right)_{p} .
$$

Definition 1.8. A vector bundle consists of:

1. a pair of smooth manifolds $E$ (the total space) and $M$ (the base)
2. a continuous surjective map $\pi: E \rightarrow M$ (the projection)
3. a vector space structure on each set $E_{p}:=\pi^{-1}(p)$ (the fiber of $E$ over $p$ )
such that for every $p \in M$, there exists an open neighborhood $U$ of $p$, an integer $k$, and a diffeomorphism $\varphi: U \times \mathbb{R}^{k} \rightarrow \pi^{-1}(U)$ such that for all $q \in U$

- $(\pi \circ \varphi)(q, v)=q$ for all vectors $v \in \mathbb{R}^{k}$
- the map $v \mapsto \varphi(q, v)$ is a linear isomorphism between $\mathbb{R}^{k}$ and $\pi^{-1}(x)$.

Definition 1.9. The tangent bundle is given by $T M=\dot{U}_{p \in M} T_{p} M$, and the cotangent bundle is given by $T^{*} M=\dot{U}_{p \in M}\left(T_{p} M\right)^{*}$.

Definition 1.10. The bundle of $\binom{k}{l}$-tensors on $M$ is defined as

$$
T_{l}^{k} M:=\bigcup_{p \in M} T_{l}^{k}\left(T_{p} M\right)
$$

and the bundle of $k$-forms is

$$
\Lambda_{k} M:=\bigcup_{p \in M} \Lambda^{k}\left(T_{p} M\right)
$$

Definition 1.11. If $\pi: E \rightarrow M$ is a vector bundle over $M$, a section of $E$ is a map $F: M \rightarrow E$ such that $F(p) \in E_{p}=\pi^{-1}(p)$ for all $p \in M$. It is said to be a smooth section if it is smooth as a map between manifolds.

Definition 1.12. A tensor field on $M$ is a smooth section of some tensor bundle $T_{l}^{k} M$, and a differentiable $k$-form is a smooth section of some $\Lambda^{k} M$. The space of all $\binom{k}{l}$-tensor fields is denoted by $\mathcal{T}_{l}^{k}(M)$, and the space of all covariant $k$-tensor fields (smooth sections of $T^{k} M$ ) is denoted by $\mathcal{T}^{k}(M)$.

Definition 1.13. A vector field $X$ is a section of the tangent bundle, denoted $X \in \Gamma(T M)$. In coordinates,

$$
X=X^{i} \partial_{i}, \quad X^{i} \in C^{\infty}(M)
$$

where $\partial_{i}=\frac{\partial}{\partial x^{i}}$ is the coordinate basis as defined above.

Definition 1.14. A 1 -form $\omega$ is a section of the cotangent bundle, denoted $\omega \in \Gamma\left(T^{*} M\right)$. In coordinates,

$$
\omega=\omega_{i} d x^{i}, \quad w_{i} \in C^{\infty}(M) .
$$

## 2 Some Riemannian geometry

### 2.1 Riemannian metric

Definition 2.1. A Riemannian metric on a smooth manifold $M$ is a family of positive definite inner products

$$
g_{p}: T_{p} M \times T_{p} M \rightarrow \mathbb{R}, \quad p \in M
$$

such that for all vector fields $X, Y$ on $M$

$$
p \mapsto g_{p}(X(p), Y(p))
$$

defines a smooth function $M \rightarrow \mathbb{R}$.
Equivalently, a Riemannian metric is a 2 -tensor field $g \in \mathcal{T}^{2}(M)$ that is symmetric, e.g. $g(X, Y)=g(Y, X)$, and positive definite, e.g. $g(X, X)>0$ if $X \neq 0$.

In coordinates $\left(x^{i}\right)$, the components of $g$ at a point $p$ are given by

$$
g_{i j}(p):=g_{p}\left(\left(\frac{\partial}{\partial x^{i}}\right)_{p},\left(\frac{\partial}{\partial x^{j}}\right)_{p}\right),
$$

so that

$$
g=g_{i j} d x^{i} \otimes d x^{j}
$$

where $\left\{d x^{1}, \ldots, d x^{n}\right\}$ is the dual basis of the tangent bundle.

Definition 2.2. A Riemannian metric thus determines an inner product on each tangent space $T_{p} M$, which is typically written $\langle X, Y\rangle:=g(X, Y)$ for $X, Y \in T_{p} M$.

We define the length of any tangent vector $X \in T_{p} M$ to be $|X|:=\langle X, X\rangle^{1 / 2}$. We define the angle between any two nonzero vectors $X, Y \in T_{p} M$ to be the unique $\theta \in[0, \pi]$ such that $\cos \theta=\langle X, Y\rangle /(|X||Y|)$. Finally, $X$ and $Y$ are orthogonal if $\langle X, Y\rangle=0 . E_{1}, \ldots, E_{n}$ are orthonormal if $\left\langle E_{i}, E_{j}\right\rangle=\delta_{i j}$.

Definition 2.3. Finally, a Riemannian manifold is a smooth manifold $M$ together with a Riemannian metric $g$, written $(M, g)$.

### 2.2 The musical isomorphisms

Definition 2.4. The metric $g$ gives an isomorphism between $T M$ and $T^{*} M$ called the flat operator,

$$
b: T M \rightarrow T^{*} M
$$

defined by

$$
b(X)(Y)=g(X, Y)
$$

The inverse map is denoted by $\sharp: T^{*} M \rightarrow T M$. The cotangent bundle is then endowed with the metric

$$
\left\langle\omega_{1}, \omega_{2}\right\rangle=g\left(\sharp \omega_{1}, \sharp \omega_{2}\right) .
$$

If $X \in \Gamma(T M)$, then

$$
b(X)=X_{i} d x^{i},
$$

where $X_{i}=g_{i j} X^{j}$. Hence the flat operator "lowers" an index, or equivalently converts a vector into a covector.

If $\omega \in \Gamma\left(T^{*} M\right)$, then

$$
\sharp(\omega)=\omega^{i} \partial_{i},
$$

where $\omega^{i}=g^{i j} \omega_{j}$ (and $g^{i j}$ are the elements of the inverse matrix $\left(g_{i j}\right)^{-1}$ ). Hence the sharp operator "raises" an index, or equivalent converts a covector into a vector.

### 2.3 Connections on vector bundles

Definition 2.5. Let $\pi: E \rightarrow M$ be a vector bundle, and let $\Gamma(E)$ denote the space of all smooth sections of $E$. A connection is a map

$$
\nabla: \Gamma(T M) \times \Gamma(E) \rightarrow \Gamma(E), \quad(X, Y) \mapsto \nabla_{X} Y
$$

with the properties

1. $\nabla_{X} Y$ is linear over $C^{\infty}(M)$ in $X$ :

$$
\nabla_{f X_{1}+g X_{2}} Y=f \nabla_{X_{1}} Y+g \nabla_{X_{2}} Y \quad \text { for } f, g \in C^{\infty}(M)
$$

2. $\nabla_{X} Y$ is linear over $\mathbb{R}$ in $Y$ :

$$
\nabla_{X}\left(a Y_{1}+b Y_{2}\right)=a \nabla_{X} Y_{1}+b \nabla_{X} Y_{2} \quad \text { for } a, b \in \mathbb{R}
$$

3. $\nabla$ satisfies the following product rule:

$$
\nabla_{X}(f Y)=f \nabla_{X} Y+(X f) Y \quad \text { for } f \in C^{\infty}(M)
$$

for all $f \in C^{\infty}(M), X \in \Gamma(T M)$, and $Y \in \Gamma(E)$.

Definition 2.6. A connection on the tangent bundle is called a linear connection:

$$
\nabla: \Gamma(T M) \times \Gamma(T M) \rightarrow \Gamma(T M)
$$

We note that $\nabla_{X} Y$ is called the covariant derivative of $Y$ in the direction of $X$. In coordinates $\left(x^{i}\right)$, we can expand $\nabla_{\partial_{i}} \partial_{j}$ in terms of the coordinates:

$$
\nabla_{\partial_{i}} \partial_{j}=\Gamma_{i j}^{k} \partial_{k}
$$

These functions $\Gamma_{i j}^{k}$ are called the Christoffel symbols of $\nabla$ with respect these coordinates.

Proposition 2.7. Let $\nabla$ be a linear connection, and let $X, Y \in \Gamma(T U)$ (a smooth section of the tangent space in an open set $U$ ). Write $X=X^{i} \partial_{i}$ and $Y=Y^{j} \partial_{j}$. Then,

$$
\nabla_{X} Y=\left(X Y^{k}+X^{i} Y^{j} \Gamma_{i j}^{k}\right) \partial_{k} .
$$

Hence, the action of a linear connection on $U$ is completely determined by its Christoffel symbols.

### 2.4 Riemannian connection

Definition 2.8. Let $g$ be a Riemannian metric on a manifold $M$. A linear connection $\nabla$ is said to be compatible with $g$ if it satisfies the following product rule for all vector fields $X, Y, Z$ :

$$
\nabla_{X}\langle Y, Z\rangle=\left\langle\nabla_{X} Y, Z\right\rangle+\left\langle Y, \nabla_{X} Z\right\rangle .
$$

Definition 2.9. The torsion tensor of a linear connection is

$$
\tau: \Gamma(T M) \times \Gamma(T M) \rightarrow \Gamma(T M)
$$

defined by

$$
\tau(X, Y)=\nabla_{X} Y-\nabla_{Y} X-[X, Y]
$$

where $[X, Y]$ is the smooth vector field given by

$$
[X, Y](f)=X(Y(f))-Y(X(f))
$$

for all $f \in C^{\infty}(M)$.

Definition 2.10. A linear connection $\nabla$ is said to be torsion free (or symmetric) if its torsion vanishes identically, e.g.

$$
\nabla_{X} Y-\nabla_{Y} X \equiv[X, Y] .
$$

Theorem 2.11. [Fundamental theorem of Riemannian geometry] Let ( $M, g$ ) be a Riemannian manifold. There exists a unique linear connection $\nabla$ on $M$ that is compatible with $g$ and torsion free.

Proof. We only do a sketch of the proof:
By a computation, the connection is determined by

$$
\left\langle\nabla_{X} Y, Z\right\rangle=\frac{1}{2}(X\langle Y, Z\rangle+Y\langle Z, X\rangle-Z\langle X, Y\rangle-\langle Y,[X, Z]\rangle-\langle Z,[Y, X]\rangle+\langle X,[Z, Y]\rangle) .
$$

Using coordinates $\left(x^{i}\right)$ and letting $X=\partial_{i}, Y=\partial_{j}$, and $Z=\partial_{k}$, we can reduce the above to

$$
\left\langle\nabla \partial_{i} \partial_{j}, \partial_{k}\right\rangle=\frac{1}{2}\left(\partial_{i}\left\langle\partial_{j}, \partial_{k}\right\rangle+\partial_{j}\left\langle\partial_{k}, \partial_{i}\right\rangle-\partial_{k}\left\langle\partial_{i}, \partial_{j}\right\rangle\right),
$$

where we used the fact that the Lie brackets of coordinate vector fields are zero. Now, recalling the definitions of the metric coefficients and Christoffel symbols:

$$
g_{i j}=\left\langle\partial_{i}, \partial_{j}\right\rangle, \quad \nabla_{\partial_{i}} \partial_{j}=\Gamma_{i j}^{m} \partial_{m},
$$

we can insert these above to find

$$
\Gamma_{i k}^{k}=\frac{1}{2} g^{k l}\left(\partial_{i} g_{j l}+\partial_{j} g_{i l}-\partial_{l} g_{i j}\right) .
$$

This is the formula for the Riemannian Christoffel symbols.

### 2.5 Curvature in the tangent bundle

Definition 2.12. The curvature endomorphsim is a map

$$
R: \Gamma(T M) \times \Gamma(T M) \times \Gamma(T M) \rightarrow \Gamma(T M)
$$

defined by

$$
R(X, Y) Z:=\nabla_{X} \nabla_{Y} Z-\nabla_{Y} \nabla_{X} Z-\nabla_{[X, Y]} Z .
$$

If $X=\partial / \partial x_{i}$ and $Y=\partial / \partial x_{j}$ are coordinate vector fields, then $[X, Y]=0$, so

$$
R(X, Y) Z=\nabla_{X} \nabla_{Y} Z-\nabla_{Y} \nabla_{X} Z,
$$

i.e. the curvature endomorphism measures the noncommutativity of the covariant derivative.

We can write the curvature endomorphism in coordinates $\left(x^{i}\right)$ by

$$
R=R_{i j k}^{l} d x^{i} \otimes d x^{j} \otimes d x^{k} \otimes \partial_{l},
$$

where the coefficients $R_{i j k}^{l}$ are determined by

$$
R\left(\partial_{i}, \partial_{j}\right) \partial_{k}=R_{i j k}^{l} \partial_{l} .
$$

Definition 2.13. The curvature tensor is then given by

$$
R m(X, Y, Z, W):=\langle R(X, Y) Z, W\rangle
$$

for vector fields $X, Y, Z, W$.
We can write it in local coordinates by

$$
R m=R_{i j k l} d x^{i} \otimes d x^{j} \otimes d x^{k} \otimes d x^{l},
$$

where $R_{i j k l}=g_{l m} R_{i j k}^{m}$.

Proposition 2.14. We have the following symmetries:

$$
\begin{aligned}
R(X, Y) Z & =-R(Y, X) Z \\
0 & =R(X, Y) Z-+R(Y, Z) X-R(Z, X) Y \\
\operatorname{Rm}(X, Y, Z, W) & =-\operatorname{Rm}(X, Y, W, Z) \\
\operatorname{Rm}(X, Y, Z, W) & =\operatorname{Rm}(W, Z, X, Y) .
\end{aligned}
$$

Definition 2.15. The Ricci tensor as follows: given an orthonormal basis $\partial_{i}$ for $T_{p} M$ with respect to $g(p)$, we define the Ricci curvature by

$$
\operatorname{Ric}_{p}(X, Y)=\sum_{i}\left\langle R\left(\partial_{i}, X\right) Y, \partial_{i}\right\rangle .
$$

The components of Ric are denoted by $R_{i j}$, so that

$$
R i c=R_{i j} d x^{i} \otimes d x^{j}
$$

where $R_{i j}:=R_{k i j}^{k}$ is from the above definition of the curvature endomorphism (we're taking the trace of the curvature endomorphism on its first and last components - hence the $k$ in both the sub- and super-scripts).

Definition 2.16. Finally, the scalar curvature is the function $S$ defined as the trace of the Ricci tensor:

$$
S:=g^{i j} R_{i j} .
$$

### 2.6 Riemannian submanifolds and the second fundamental form

Definition 2.17. Let $(\tilde{M}, \tilde{g})$ be a Riemannian manifold of dimension $m$, let $M$ be a manifold of dimension $n$, and let $\iota: M \rightarrow \tilde{M}$ be an embedding. If $M$ is given the induced Riemannian metric $g:=\iota^{*} \tilde{g}$, then $f$ is said to be an isometric embedding, and $M$ is said to be a Riemannian submanifold of $\tilde{M} . \tilde{M}$ is called the ambient manifold.

We henceforth assume that $M$ is an embedded Riemannian submanifold of $\tilde{M}$. We will use the standard symbols, e.g. $\nabla$, for operations in $M$, and we will use add tildes, e.g. $\tilde{\nabla}$, to write these operations in $\tilde{M}$. However, we can unambiguously use the inner-product notation $\langle X, Y\rangle$ to refer to either $g$ or $\tilde{g}$, since $g$ is just the restriction of $\tilde{g}$ to $T M$.

Definition 2.18. We can see that the set

$$
\left.T \tilde{M}\right|_{M}:=\bigcup_{p \in M} T_{p} \tilde{M}
$$

is a smooth vector bundle over $M$. We call it the ambient tangent bundle over $M$.
At each $p \in M$, the ambient tangent space $T_{p} \tilde{M}$ splits as orthogonal direct sum $T_{p} \tilde{M}=$ $T_{p} M \oplus N_{p} M$, where $N_{p} M:=\left(T_{p} M\right)^{\perp}$ is the normal space at $p$ with respect to the inner product $\tilde{g}$ on $T_{p} \tilde{M}$.

The set

$$
N M:=\bigcup_{p \in M} N_{p} M
$$

is called the normal bundle of M . This is a smooth vector bundle over $M$. Given a point $p \in M$, there is an open set $\tilde{U}$ of $p$ in $\tilde{M}$ and a smooth orthonormal frame $\left(E_{1}, \ldots, E_{m}\right)$ on $\tilde{U}$ called an adapted orthonormal frame satisfying the following: the restrictions of $\left(E_{1}, \ldots, E_{n}\right)$ to $M$ form a local orthonormal frame for $T M$ and the last $m-n$ vectors $\left(\left.E_{n+1}\right|_{p}, \ldots,\left.E_{m}\right|_{p}\right)$ form a basis for $N_{p} M$ at each $p \in M$.

Definition 2.19. Projecting orthogonally at each point $p \in M$ onto the subspaces $T_{p} M$ and $N_{p} M$ gives maps called the tangential and normal projections

$$
\begin{aligned}
& \pi^{\top}:\left.T \tilde{M}\right|_{M} \rightarrow T M \\
& \pi^{\perp}:\left.T \tilde{M}\right|_{M} \rightarrow N M .
\end{aligned}
$$

In terms of adapted orthonormals frames, these are the usual projections onto $\operatorname{span}\left(E_{1}, \ldots, E_{n}\right)$ and $\operatorname{span}\left(E_{n+1}, \ldots, E_{m}\right)$. If $X$ is a section of $\left.T \tilde{M}\right|_{M}$, we use the shorthand notation $X^{\top}:=\pi^{\top} X$ and $X^{\perp}:=\pi^{\perp} X$ for its tangential and normal projections.

Definition 2.20. If $X, Y$ are vector fields in $\Gamma(T M)$, we can extend them to be vector fields on $\tilde{M}$, apply the ambient covariant derivative $\tilde{\nabla}$, and decompose them at points of $M$ to get

$$
\tilde{\nabla}_{X} Y=\left(\tilde{\nabla}_{X} Y\right)^{\top}+\left(\tilde{\nabla}_{X} Y\right)^{\perp} .
$$

We define the second fundamental form of $M$ to be the map II (read "two")

$$
I I: \Gamma(T M) \times \Gamma(T M) \rightarrow \Gamma(N M)
$$

given by

$$
\Pi(X, Y):=\left(\tilde{\nabla}_{X} Y\right)^{\perp}
$$

where $X$ and $Y$ have been extended arbitrarily to $\tilde{M}$. Since $\pi_{\perp}$ maps smooth sections to smooth sections, $I(X, Y)$ is a smooth section of $N M$.

Proposition 2.21. The second fundamental form is

1. independent of the extensions $X$ and $Y$
2. bilinear over $C^{\infty}(M)$
3. symmetric in $X$ and $Y$.

Theorem 2.22. [Gauss formula] If $X, Y \in \Gamma(T M)$ are extended arbitrarily to vector fields on $\tilde{M}$, the following holds along $M$ :

$$
\tilde{\nabla}_{X} Y=\nabla_{X} Y+I I(X, Y) .
$$

Definition 2.23. Give a unit normal vector field $N$, we can define the scalar second fundamental form $h$ to be the symmetric 2 -tensor on $M$ defined by

$$
h(X, Y):=\langle I I(X, Y), N\rangle .
$$

Definition 2.24. Raising one index of $h$, we get a tensor field $s \in \mathcal{T}_{1}^{1}(M)$ called the shape operator of $M$. It is characterized by

$$
\langle X, s Y\rangle=h(X, Y) \quad \forall X, Y \in \Gamma(T M) .
$$

Because $h$ is symmetric, $s$ is self-adjoint:

$$
\langle s X, Y\rangle=\langle X, s Y\rangle .
$$

At any point $p \in M$, the shape operator $s$ is a self-adjoint linear transformation on the tangent space $T_{p} M$. Hence, it has real eigenvalues $\kappa_{1}, \ldots, \kappa_{n}$ and an orthonormal basis $\left(E_{1}, \ldots, E_{n}\right)$ for $T_{p} M$ such that $s E_{i}=\kappa_{i} E_{i}$ (no summation). In this basis, both $h$ and $s$ are diagonal, and $h$ has the expression

$$
h(X, Y)=\kappa_{1} X^{1} Y^{1}+\ldots+\kappa_{n} X^{n} Y^{n}
$$

The eigenvalues of $s$ are called the principal curvatures of $M$ at $p$, and the corresponding eigenspaces are called the principal directions.

Definition 2.25. There are two combinations of the principal curvatures that are of particular importance: the Gaussian curvature is given by

$$
K=\kappa_{1} \kappa_{2} \cdots \kappa_{n},
$$

and the mean curvature is given by

$$
H=\frac{1}{n}\left(\kappa_{1}+\kappa_{2}+\ldots+\kappa_{n}\right) .
$$

## 3 Quick reference of dietary restrictions

| Object | Eats | Gives |
| :---: | :---: | :---: |
| Vector fields | Functions | Functions |
| $\partial / \partial x^{i}$ | Functions | Functions |
| $k$-forms | $k$-many vectors | Scalars |
|  | $k$-many vector fields | Functions |
| $d x^{i}$ | Single vector fields | Functions |
| Riemannian metric | Pairs of vectors | Scalars |
|  | Pairs of vector fields | Functions |
| Covectors | Single vectors | Scalars |
|  | Single vector fields | Functions |
| Covariant tensors | Many vectors | Scalars |
|  | Many vector fields | Functions |
| Contravariant tensors | Many covectors | Scalars |
|  | Many covector fields | Functions |

## References

[Lee97] John M. Lee. Riemannian manifolds, 1997.
[Li12] Peter Li. Geometric analysis, 2012.

