

# WARING'S PROBLEM FOR POLYNOMIALS

Stephen McAdam  
Department of Mathematics  
University of Texas at Austin  
mcadam@math.utexas.edu

SECTION 1: INTRODUCTION. Lagrange proved that any positive integer was the sum of four or fewer numbers of the form  $x^2$  with  $x$  a positive integer. Waring asked if given an  $n \geq 2$ , there is an  $f = f(n)$  such that every positive integer is the sum of  $f$  or fewer numbers of the form  $x^n$  with  $x$  a positive integer. Hilbert showed the answer was yes, via a very difficult and sophisticated proof. Subsequently, Y. V. Linnik discovered an elementary proof, reported in chapter 3 of the lovely little book *Three pearls of Number Theory* by A. Y. Khinchin, [K], (at this writing, available from Dover Press). We here present a rewriting of that chapter, and also carry Linnik's ideas somewhat further. In particular, corollary 3 below will show that if  $P(X)$  is a non-constant polynomial with integral coefficients and with positive leading coefficient, and if there is an integer  $z$  with  $P(z) = 1$ , then there is an  $f$  such that all positive integers are the sum of  $f$  or fewer numbers of the form  $P(x)$  with  $P(x) > 0$ . Waring's problem concerns the special case  $P(X) = X^n$ , for which  $P(1) = 1$ .

Remark: Since  $0^n = 0$ , we could say that Hilbert proved there is an  $f$  such that every non-negative integer is the sum of *exactly*  $f$  numbers of the form  $x^n$  with  $x \geq 0$ . However, for our  $P(X)$ , perhaps there is no integer  $x$  with  $P(x) = 0$ . Thus, we need the 'f or fewer' version of the statement. However, by that phrase we will mean at least 1. That is, we do not allow sums with 0 terms.

Notation: We will work in the integers.  $P(X)$  will be a degree  $n > 0$  polynomial having integral coefficients, with leading coefficient  $c > 0$ . For Waring's problem, one considers integers  $x \geq 1$ .

We will consider integers  $x \geq \alpha$  where  $\alpha$  is either some fixed integer, or is minus infinity.

(We will see that the choice of  $\alpha$  is almost irrelevant.) Let  $S = \{x \geq \alpha \mid P(x) > 0\}$ .

Let  $D = \text{GCD}\{P(x) \mid x \in S\}$ . Obviously, there must be a finite set  $\{x_1, \dots, x_t\} \subseteq S$  such that  $D = \text{GCD}\{P(x_i) \mid 1 \leq i \leq t\}$ . Letting  $d_i = P(x_i) > 0$ , we have  $D = \text{GCD}(d_1, \dots, d_t)$ .

Remark: We digress with an interesting comment about  $D$ . As defined, it appears to depend upon  $S$ , and so upon  $\alpha$ . Actually, we will now show that  $D = \text{GCD}\{P(z) \mid z \text{ is an integer}\}$ .

To see that, let  $D' = \text{GCD}\{P(z) \mid z \text{ is an integer}\}$ . Also select any integer  $y$  with  $P(y) \neq 0$ , and let  $D'' = \text{GCD}\{P(x) \mid y \leq x \leq y + |P(y)| - 1\}$ . We claim  $D' = D''$ . Clearly  $D'$  divides  $D''$ . To show  $D''$  divides  $D'$ , it will suffice to show that  $D''$  divides  $P(z)$  for any integer  $z$ .

Since  $D''$  divides  $P(y)$ , we have  $D'' \leq |P(y)|$ . Therefore, there is an  $x$  with

$y \leq x \leq y + D'' - 1 \leq y + |P(y)| - 1$ , such that  $z \equiv x \pmod{D''}$ . It follows that  $P(z) \equiv P(x) \pmod{D''}$ .

Since  $D''$  divides  $P(x)$ , it must also divide  $P(z)$ . Thus  $D' = D''$ , as claimed.

We next note that because  $c > 0$ ,  $P(X)$  goes to infinity as  $X$  does. Therefore, with  $y \geq \alpha$  sufficiently large, we have  $P(x) > 0$  for  $x \geq y$ . Thus  $\{x \mid y \leq x \leq y + |P(y)| - 1\} \subseteq S$ .

That tells us  $D$  divides  $D'' = D'$ . As it is obvious that  $D'$  divides  $D$ , we see that

$D = D' = \text{GCD}\{P(z) \mid z \text{ is an integer}\}$ , as desired.

We also note that the argument in the second paragraph of this remark gives a way of actually constructing  $D$  for a given  $P(X)$ .

Example: Let  $P(X) = X^2 - X$ . We easily see that  $D = 2$ . However, the greatest common divisor of the coefficients of  $P(X)$  is 1. We therefore see that while the GCD of the coefficients of  $P(X)$  clearly is a divisor of  $D$ , it might not equal  $D$ .

Notation: For  $f > 0$ , let  $\mathcal{P}(f) = \{k \mid k \text{ is the sum of } f \text{ or fewer numbers of the form } P(x) \text{ with } x \in S\}$ .

Obviously every number in  $\mathcal{P}(f)$  is a multiple of  $D$ . Equally obviously,  $\mathcal{P}(1) \subseteq \mathcal{P}(2) \subseteq \mathcal{P}(3) \subseteq \dots$ . Our goal is to show that sequence eventually stabilizes to a set we will call  $\mathcal{P}$ , and that there is an integer  $H$  such that  $\{mD \mid m \geq H\} \subseteq \mathcal{P}$ . (The interested reader will be able to see that the only influence  $\alpha$  has concerns the size of  $H$  and how quickly the above sequence stabilizes.)

Suppose we can find an  $f$  such that there is an  $H$  with  $\{mD \mid m \geq H\} \subseteq \mathcal{P}(f)$ . If  $f' > f$  and  $\mathcal{P}(f') \neq \mathcal{P}(f)$ , then the numbers in  $\mathcal{P}(f')$  but not in  $\mathcal{P}(f)$  must all have the form  $mD$  with  $1 \leq m < H$ . Since there are only finitely many such  $mD$ , we see that our sequence  $\mathcal{P}(1) \subseteq \mathcal{P}(2) \subseteq \mathcal{P}(3) \subseteq \dots \subseteq \mathcal{P}(f) \subseteq \mathcal{P}(f+1) \subseteq \dots$  will stabilize within a finite number of steps, showing  $\mathcal{P}$  exists, and completing the argument.

The rest of this work will be dedicated to showing there is an  $f$  and  $H$  with  $\{mD \mid m \geq H\} \subseteq \mathcal{P}(f)$ .

Recall that we have  $D = \text{GCD}(d_1, \dots, d_t)$ , with  $d_i = P(x_i)$  and with  $x_i \in S$ .

The next lemma is rather well known.

Lemma 1: There is an  $H$  such that for all  $m \geq H$ ,  $mD$  has the form

$m_1d_1 + \dots + m_td_t$ , with each  $m_i \geq 1$ .

Proof: We will say that a linear combination  $m_1d_1 + \dots + m_td_t$  is ‘acceptable’ if each  $m_i$  is

positive. We first do the case that  $D = 1$ . There are integers  $u_1, \dots, u_t$  with

$u_1d_1 + \dots + u_td_t = 1$ . For  $1 \leq i \leq t$ , let  $s_i$  and  $q_i$  be positive integers with  $s_i - q_i = u_i$ .

We see that if  $k = q_1d_1 + \dots + q_td_t$ , then  $s_1d_1 + \dots + s_td_t = k + 1$ . Thus,  $k$  and  $k + 1$  have both been expressed as acceptable linear combinations. It is now clear that

$k + k$ ,  $k + (k + 1)$ , and  $(k + 1) + (k + 1)$  can be expressed as acceptable linear combinations.

Thus  $2k$ ,  $2k + 1$ , and  $2k + 2$  have been expressed as acceptable linear combinations.

In the same manner, we see that  $2k + 2k = 4k$ ,  $4k + 1$ ,  $4k + 2$ ,  $4k + 3$ , and

$4k + 4 = (2k + 2) + (2k + 2)$  can all be expressed as acceptable linear combinations. Iterating, we

eventually reach a list of  $d_1$  consecutive integers, each of which can be expressed as an

acceptable linear combination. Call them  $H + j$  for  $0 \leq j \leq d_1 - 1$ . If  $m \geq H$ , then for some  $j$

( $0 \leq j \leq d_1 - 1$ ), we have  $m = (H + j) + bd_1$  for some  $b \geq 0$ . That form makes it clear that

$m = mD$  can be expressed as an acceptable linear combination.

In the general case, since  $\text{GCD}(d_1/D, \dots, d_t/D) = 1$ , we have just seen that for some  $H$ , every  $m \geq H$  can be written as  $m = m_1(d_1/D) + \dots + m_t(d_t/D)$ , with each  $m_i > 0$ . Multiplying by  $D$  gives the desired result.

We reach a crucial point. We will now state a proposition, give a corollary to it, then use it to reach our desired goal, before finally turning to its elaborate proof.

Proposition 2: Let  $z \in S$ . Then there is an  $f$  such that for all  $m \geq 1$ ,  $mP(z)$  is the sum of  $f$  or fewer numbers of the form  $P(x)$  with  $x \in S$ . (The proof will also show we can choose the  $P(x)$  to be multiples of  $P(z)$ , a fact we do not need.)

Corollary 3: If there is an  $z \in S$  with  $P(z) = 1$ , then there is an  $f$  such that all positive integers are the sum of  $f$  or fewer numbers of the form  $P(x)$  with  $x \in S$  (so that  $P(x) > 0$ ).

Proof: Immediate from proposition 2.

Theorem 4: With notation as above, the sequence  $\mathcal{P}(1) \subseteq \mathcal{P}(2) \subseteq \mathcal{P}(3) \subseteq \dots$  eventually stabilizes to a set  $\mathcal{P}$ . Also, there is an integer  $H$  such that  $\{mD \mid m \geq H\} \subseteq \mathcal{P}$ .

Remark: We will use proposition 2 to prove the theorem 4. Conversely, if theorem 4 is true, proposition 2 must also be true. To see that, assume that  $\mathcal{P}$  exists and equals  $\mathcal{P}(f)$ . Note that  $mP(y) \in \mathcal{P}(m) \subseteq \mathcal{P} = \mathcal{P}(f)$ , and so  $mp(y)$  is the sum of  $f$  or fewer numbers of the form  $P(x)$  with  $x \in S$ .

Proof of theorem 4: We earlier pointed out that we only need to find an  $f$  and  $H$  such that  $\{mD \mid m \geq H\} \subseteq \mathcal{P}(f)$ . By lemma 1, there is an  $H$  such that for all  $m \geq H$ ,  $mD$  has the form

$m_1d_1 + \dots + m_td_t$ , with each  $m_i \geq 1$ . Recalling that  $d_i = P(x_i)$ , we let  $z = x_i \in S$  in proposition 2, and learn that there is an  $f_i$  such that each  $m_id_i$  is the sum of  $f_i$  or fewer numbers of the form  $P(x)$  with  $x \in S$ . Letting  $f = f_1 + f_2 + \dots + f_t$ , we see that for all  $m \geq H$ ,  $mD$  is the sum of  $f$  or fewer numbers of the form  $P(x)$  with  $x \in S$ . Thus,  $\{mD \mid m \geq H\} \subseteq \mathcal{P}(f)$ , and we are done.

Remark: Of course, the case  $D = 1$  is of special interest, since it says there is an  $f$  such that any  $m \geq H$  is the sum of  $f$  or fewer numbers of the form  $P(x)$  with  $x \in S$ . Corollary 3 already covered the most special case, in which  $D$  clearly is 1.

## SECTION 2: PROVING PROPOSITION 2.

In this section, we will prove proposition 2, modulo two facts. We will give a reference for the first of those facts, but the second fact will be proved in sections 3 through 7.

We now explain the two facts. First, we let  $B$  be an infinite subset of the non-negative integers, assuming 0 is in  $B$ . For  $N \geq 1$  an integer, we let  $B(N)$  be the number of positive integers in  $B$  which are equal to or less than  $N$ . We define the Schnirelmann density of  $B$  to be  $\text{GLB}\{B(N)/N \mid N \geq 1\}$ . For an integer  $h \geq 1$ , we let  $hB = \{m \mid m \text{ is the sum of } h \text{ numbers in } B\}$ . (Notice that  $0 \in B$  implies  $B \subseteq hB$ .)

Schnirelmann's theorem: If the density of  $B$  is positive, then there is an  $h$  such that  $hB = \{m \mid m \geq 0\}$ .

A proof of Schnirelmann's theorem can be found in chapter 2 of [K]. The argument is simple and elegant. (That chapter also contains a result whose proof is elaborate, but which we do not need.)

The second fact we need is a fundamental lemma due to Linnik. Its proof appears in chapter 3 of [K]. However, despite the many virtues of that highly recommended little book, the presentation of the fundamental lemma is perhaps not quite as clear as it might be. In sections 3 through 7, we rewrite the proof of the fundamental lemma. In this section, we state and use it.

Notation: For integers  $N \geq 1$ ,  $g \geq 1$ , and  $m$ , let  $r_{PNg}(m)$  equal the number of  $(x_1, \dots, x_g)$  with each  $x_i$  an integer with  $|x_i| \leq N$ , and such that  $P(x_1) + \dots + P(x_g) = m$ .

Fundamental lemma: Given  $P(X)$ , there is a  $g > n$  (depending solely on the degree  $n$  of  $P(X)$ ), and a constant  $K$  (depending on the coefficients of  $P(X)$ ) such that for any integers  $m$  and  $N \geq 1$ ,  $r_{PNg}(m) \leq KN^{g-n}$ .

We are ready to prove proposition 2 in section 1.

Proof of proposition 2: Suppose  $z \in S$ , and let  $d = P(z) \geq 1$ . Our goal is to show that for some  $f$ , for all  $m \geq 1$ ,  $md$  is a sum of  $f$  or fewer numbers of the form  $P(x)$  with  $x \in S$ .

Let  $A = \{0\} \cup \{P(x)/d \mid x \in S \text{ and } d \text{ divides } P(x)\}$ . Any  $z'' \equiv z \pmod{d}$  has  $P(z'')$  a multiple of  $d$ , and so since the leading coefficient of  $P(X)$  is positive (so that  $P(z'')$  goes to infinity as  $z''$  does), we see that  $A$  is an infinite set of non-negative numbers that contains 0. Thus, it is the type of set

dealt with by Schnirelmann's work. With  $g$  as in the fundamental lemma, we let  $B = gA$ , and will show that the Schnirelmann density of  $B$  is positive. Therefore, by Schnirelmann's theorem, there is an  $h$  such that  $hgA = hB = \{m \mid m \geq 0\}$ . Letting  $f = hg$ , we see that any  $m \geq 1$  can be written as the sum of  $f$  numbers from  $A$ . Now the nonzero numbers in  $A$  have the form  $P(x)/d$  with  $x \in S$  and  $d$  dividing  $P(x)$ . Thus,  $m \geq 1$  is the sum of  $f$  or fewer numbers of the form  $P(x)/d$  with the  $x \in S$  and with  $d$  dividing  $P(x)$ . That is equivalent to the goal stated above. (We also see the unneeded fact that the  $P(x)$  can be chosen to be multiples of  $d = P(z)$ .)

Let  $B = gA$ . We must show there is a positive lower bound to the set  $B(N)/N$ , where  $N \geq 1$  is an integer and  $B(N)$  is the number of positive integers in  $B$  that are equal to or less than  $N$ .

We will now consider an integer  $M \geq 1$ , subject to two constraints concerning how large it must be. (There is will be no upper bound to its size.) Since the leading coefficient  $c$  of  $P(X)$  is positive,  $P(X)$  eventually becomes strictly monotonically increasing, and goes to infinity as  $X$  does. Therefore we can pick  $M$  such that for any  $M' \geq M$ , we have  $P(x) \leq P(M')$  for  $0 \leq x \leq M'$ . Also, since  $P(X)$  asymptotically approaches  $cX^n$  as  $X$  goes to infinity, we may assume  $M$  is large enough that for  $M' \geq M$ ,  $P(M') \leq 2cM'^n$ . Taking these two constraints together, we see that for any  $M' \geq M$  and any  $x$  with  $0 \leq x \leq M'$ , we have  $P(x) \leq 2cM'^n$ . Notice that any integer larger than  $M$  also satisfies this condition.

We next fix an integer  $z' \equiv z \pmod{d}$ . If the set  $\{u \geq \alpha \mid u \notin S\} = \{u \geq \alpha \mid P(u) < 0\}$  is empty, we insist that  $z' \geq \max\{\alpha, 0\}$ . However, if that set is non-empty, it clearly contains a maximal integer. In that case, we insist that both  $z' \geq \max\{\alpha, 0\}$  and  $z' > \max\{u \geq \alpha \mid u \notin S\}$ .



(We will write as if that set is non-empty. In the following, simply ignore any reference to it in the case that it is empty.)

Claim: With  $g$  and  $K$  as in the fundamental lemma, let  $C = 2gc(z' + d)^n$ , and  $C' = \frac{1}{K(z' + d)^{g-n}}$ .

Then  $B(CM^n) \geq C'M^n$ .

Let  $T = \{(x_1, \dots, x_g) \mid \text{for } 1 \leq i \leq g, \text{ we have } x_i \in S, z' \leq x_i \leq z' + d(M - 1), \text{ and } d \text{ divides } P(x_i)\}$ . Also let  $T' = \{m \mid P(x_1)/d + \dots + P(x_g)/d = m, \text{ for some } (x_1, \dots, x_g) \text{ in } T\}$ .

Notice that the definitions of  $A$ ,  $T$  and  $T'$  make it clear that  $T' \subseteq gA = B$ . Also notice that the definition of  $S$  implies that if  $m \in T'$ , then  $m > 0$ . Our plan is to show that every  $m \in T'$  has  $1 \leq m \leq CM^n$ . That will show  $B(CM^n) \geq |T'|$ . We will also show  $|T'| \geq C'M^n$ . Together, those facts prove the claim.

We now turn to the details, beginning by showing  $m \in T'$  implies  $1 \leq m \leq CM^n$ , the lower bound having already been noted. For  $(x_1, \dots, x_g)$  in  $T$ , and for  $1 \leq i \leq g$ , we have  $0 \leq z' \leq x_i \leq z' + d(M - 1) \leq z'M + dM = (z' + d)M$ . Since  $d \geq 1$  and  $z' \geq 0$ , we have  $(z' + d)M \geq M$ . The choice of  $M$  shows that  $P(x_i) \leq 2c((z' + d)M)^n$ . Thus, for  $(x_1, \dots, x_g)$  in  $T$ , we have  $P(x_1) + \dots + P(x_g) \leq 2gc(z' + d)^n M^n = CM^n$ . Therefore, if  $m \in T'$ , then  $1 < m \leq CM^n$ , as desired. We now know  $B(CM^n) \geq |T'|$ .

It remains to show that  $|T'| \geq C'M^n$ , which is a bit harder. We will do that by first finding upper and lower bounds for  $|T|$ , beginning with the lower bound. Let

$T'' = \{(x_1, \dots, x_g) \mid \text{for } 1 \leq i \leq g, \text{ we have } z' \leq x_i \leq z' + d(M-1) \text{ and } x_i \equiv z' \pmod{d}\}$ . We will show that  $T'' \subseteq T$ . Consider some component  $x_i$  of some  $(x_1, \dots, x_g)$  in  $T''$ . We need to show that each  $x_i \in S$  and that  $d$  divides  $P(x_i)$ . Our first need is satisfied by the fact that  $x_i \geq z' \geq \alpha$  and  $x_i \leq z' + d(M-1) < \max\{u \geq \alpha \mid u \notin S\}$ . Our second need is satisfied by the fact that  $x_i \equiv z' \equiv z \pmod{d}$  implies  $P(x_i) \equiv P(z) \pmod{d}$ , and  $P(z) = d$ . Thus  $T'' \subseteq T$ . Now there are  $M$  choices of  $x_i$  with  $z' \leq x_i \leq z' + d(M-1)$  satisfying  $x_i \equiv z' \pmod{d}$ . Therefore  $|T| \geq |T''| = M^g$ . That is our lower bound on  $|T|$ .

For  $m$  in  $T'$ , let  $R(m)$  be the number of  $(x_1, \dots, x_g)$  in  $T$  with  $P(x_1)/d + \dots + P(x_g)/d = m$ .

Obviously  $|T| = \sum_{m \in T'} R(m)$ .

Let  $(x_1, \dots, x_g)$  be in  $T$ . We previously saw that for  $1 \leq i \leq g$ , we have  $0 \leq x_i \leq (z' + d)M$ . Since  $P(x_1)/d + \dots + P(x_g)/d = m \in T$  implies  $P(x_1) + \dots + P(x_g) = md$ , the definition of  $r_{\text{PNg}}(md)$  with  $N = (z' + d)M$  shows that for  $m \in T$ ,  $R(m) \leq r_{P((z'+d)M)_g}(md)$ . By the fundamental lemma, we have  $R(m) \leq K(z' + d)^{g-n} M^{g-n}$ . It follows from the conclusion of the previous paragraph that  $|T| \leq |T'| K(z' + d)^{g-n} M^{g-n}$ . That is our upper bound for  $|T|$ . Comparing our upper and lower bounds for  $|T|$ , we see that  $|T'| \geq \frac{M^g}{K(z' + d)^{g-n} M^{g-n}} = C'M^n$ , completing the proof of the claim.

We now turn to showing that  $\text{GLB}\{B(N)/N \mid N \geq 1\}$  is positive. Consider the smallest integer  $M_0 \geq 1$  satisfying the constraints imposed on our integer  $M$ . Suppose  $N < CM_0^n$ . By hypothesis, we have  $1 = P(z)/d \in A \subseteq B$ . Thus  $B(N)/N \geq 1/N > \frac{1}{CM_0^n}$ .

Now suppose  $CM_0^n \leq N$ . Any integer  $M \geq M_0$  also satisfies those constraints, and so we may assume  $M$  has been chosen with  $CM^n \leq N < C(M+1)^n$ .

We have  $B(N)/N \geq B(CM^n)/N > B(CM^n)/C(M+1)^n$ . By the claim, we get

$$B(N)/N > \frac{C'M^n}{C(M+1)^n} = \left(\frac{C'}{C}\right)\left(\frac{M}{M+1}\right)^n. \text{ Since } M \geq 1, \text{ we have } \left(\frac{M}{M+1}\right)^n \geq (1/2)^n, \text{ so that}$$

$$B(N)/N > \frac{C'}{2^n C}. \text{ Combining the two cases, we see that } B(N)/N > \min\left\{\frac{1}{CM_0^n}, \frac{C'}{2^n C}\right\} > 0, \text{ and we}$$

are done.