

HW14 (last one) due next Fri

Midterm 3 next Tue — covers thru Lecture 22/HW13

My office hr: today as usual

extra Monday 2:30–3:30

Last time: computing volumes by integration

### Average values

What do we mean by the average of some function  $f$ ?

e.g. "average temperature over a day" —  $f(t)$  = temperature at time  $t$

What do we do to  $f$  to get the average?

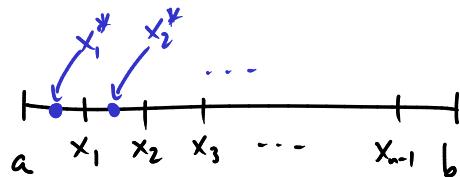
Average of a finite collection of numbers:

$$\text{average of } \{2, 4\} \text{ is } \frac{2+4}{2} = \frac{6}{2} = 3$$

$$\text{average of } \{2, 4, 7\} \text{ is } \frac{2+4+7}{3} = \frac{13}{3}$$

$$\text{average of } \{y_1, y_2, \dots, y_n\} \text{ is } \frac{y_1 + y_2 + y_3 + \dots + y_n}{n} = \frac{1}{n} \sum_{i=1}^n y_i$$

To define average of a function  $f(x)$  on the domain  $[a, b]$ :



take the average of the sample values —  $y_i = f(x_i^*)$

$$\text{the approximate average is } \frac{y_1 + \dots + y_n}{n} = \frac{f(x_1^*) + f(x_2^*) + \dots + f(x_n^*)}{n} = \sum_{i=1}^n f(x_i^*) \cdot \left(\frac{1}{n}\right)$$

looks like a Riemann sum! If we wanted to calculate

$$\int_a^b f(x) dx, \text{ we would write Riemann sum } \sum_{i=1}^n f(x_i^*) \cdot \Delta x$$

$$= \sum_{i=1}^n f(x_i^*) \cdot \left(\frac{b-a}{n}\right)$$

Comparing those two:  $\int_a^b f(x) dx = (b-a) \left( \text{average value of } f(x) \text{ on interval } [a,b] \right)$

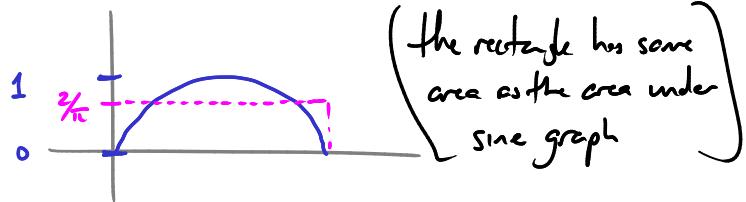
i.e.

The average value of  $f(x)$  on the interval  $[a,b]$  is

$$\frac{1}{b-a} \int_a^b f(x) dx$$

Ex The average value of  $f(x) = \sin x$  over  $[0, \pi]$  is

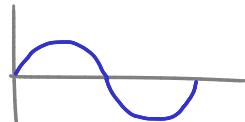
$$\begin{aligned} & \frac{1}{\pi-0} \int_0^\pi \sin x dx \\ &= \frac{1}{\pi} \left( -\cos x \Big|_0^\pi \right) \\ &= \frac{1}{\pi} (-(-1) - (-1)) \\ &= \frac{1}{\pi}(2) = \underline{\underline{\frac{2}{\pi}}} \end{aligned}$$



Ex The average value of  $f(x) = c$  ( $c$  constant) over  $[a,b]$  is

$$\begin{aligned} \frac{1}{b-a} \int_a^b c dx &= \frac{1}{b-a} \cdot \left( cx \Big|_a^b \right) \\ &= \frac{1}{b-a} \cdot c(b-a) \\ &= \underline{\underline{c}} \quad (\text{as we should expect}). \end{aligned}$$

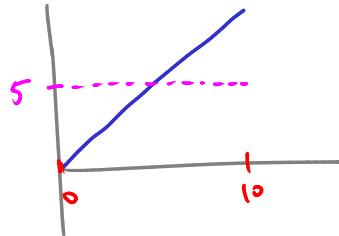
Ex The average value of  $\sin(x)$  over  $[0, 2\pi]$  is



$$\frac{1}{2\pi - 0} \int_0^{2\pi} \sin(x) dx = \dots = 0.$$

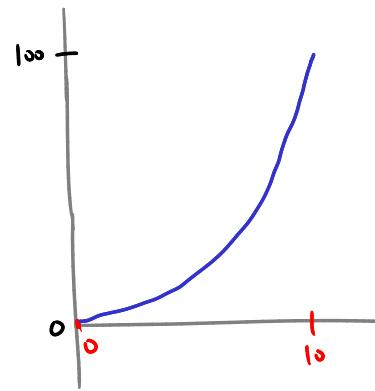
Ex The average value of  $f(x) = x$  over  $[0, 10]$  is

$$\frac{1}{10 - 0} \int_0^{10} x dx = \frac{1}{10} \left( \frac{x^2}{2} \Big|_0^{10} \right) = \frac{1}{10} \left( \frac{100}{2} \right) = \frac{1}{10} (50) = 5$$



Ex The average value of  $f(x) = x^2$  over  $[0, 10]$  is

$$\begin{aligned} & \frac{1}{10 - 0} \int_0^{10} x^2 dx \\ &= \frac{1}{10} \left( \frac{x^3}{3} \Big|_0^{10} \right) = \frac{100}{3} \approx 33.3 \end{aligned}$$



Ex The average value of  $f(x) = \sin^2 x$  over  $[0, 2\pi]$  is..

First method:  $\frac{1}{2\pi - 0} \int_0^{2\pi} \sin^2 x dx$

Use trig identity:

$$\cos 2x = 2\sin^2 x - 1$$

$$\sin^2 x = \frac{1}{2}(1 - \cos 2x)$$

$$\text{so have } \frac{1}{2\pi} \int_0^{2\pi} \frac{1}{2}(1 - \cos 2x) dx$$

$$= \frac{1}{4\pi} \int_0^{2\pi} 1 - \cos 2x dx$$

$$\left. \begin{aligned} & \text{try } u = \sin x \\ & du = \cos x dx \rightarrow \frac{1}{2\pi} \int u^2 \frac{du}{\cos x} \\ & dx = \frac{du}{\cos x} \\ & u^2 = \sin^2 x \\ & 1 - u^2 = 1 - \sin^2 x = \cos^2 x \\ & \sqrt{1 - u^2} = \cos x \end{aligned} \right\} \rightarrow \text{No Help}$$

$$= \frac{1}{4\pi} \left( x - \frac{1}{2} \sin 2x \Big|_0^{2\pi} \right)$$

$$= \frac{1}{4\pi} \left( (2\pi - \frac{1}{2}(0)) - (0 - \frac{1}{2}(0)) \right)$$

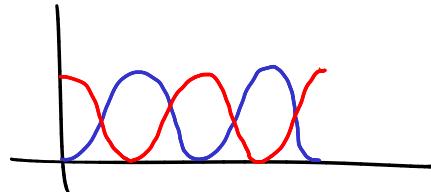
$$= \frac{2\pi}{4\pi} = \underline{\underline{\frac{1}{2}}}$$

Second method: Notice that the average of  $\sin^2 x$  and  $\cos^2 x$  over  $[0, 2\pi]$  must be the same

$$\text{and } \sin^2 x + \cos^2 x = 1$$

so the averages must add up to 1

so each must have average  $\frac{1}{2}$ ,



## Work

A definition from physics:

if an object moves for a distance  $\Delta x$ ,

acted on by a constant force  $F$  ( $F > 0$  for force pushing in positive dir,  
 $F < 0$  for force " " "negative dir)

then we say the force does work on the object

$$W = F \cdot \Delta x$$

Ex To lift a rock weighing 1 kg

for a height  $\Delta x = \frac{1}{2} m$   
 (with constant speed)

gravity

$$\text{we have to exert a force } F = (1 \text{ kg}) \cdot (9.8 \text{ m/s}^2) = 9.8 \text{ kg} \cdot \text{m/s}^2$$

$\Rightarrow$  the work we have to do is  $W = F \cdot \Delta x$

$$= (9.8 \text{ kg} \cdot \text{m/s}^2) \cdot \left(\frac{1}{2} \text{ m}\right) = 4.9 \text{ kg} \cdot \frac{\text{m}^2}{\text{s}^2}$$

$$= \underline{\underline{4.9 \text{ J}}}$$

What if the force is not constant?

Doesn't make sense to write  $W = F \cdot \Delta x$

Instead,  $W = \int F \cdot dx$

(One way of thinking about this: break the process up into many sub-processes,

$$W = \sum F(x_i^*) \Delta x, \rightarrow \int F dx$$

Ex A block is attached to a spring

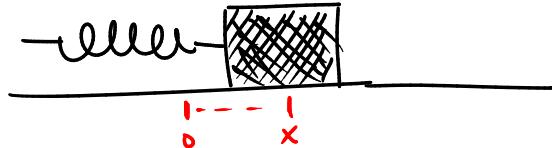
When the block is at position  $x$   
the spring exerts a force

$$-kx$$

( $k$  = "spring constant")

If  $k = 2 \frac{N}{m}$ , what is the work done by the spring on the block as it moves from  $x=0 m$  to  $x=.03 m$ ?

$$\begin{aligned} W &= \int_0^{.03} F dx = \int_0^{.03} -2x dx = -x^2 \Big|_0^{.03} = -\left(\frac{3}{100}\right)^2 \\ &= -\frac{9}{10000} \\ &= -.0009 \text{ J} \end{aligned}$$



Why do we want to calculate the work?

Because:

Total work

$$\begin{aligned} W &= \int_{x_0}^{x_1} F dx \\ &= \int_{x_0}^{x_1} m a dx \\ &= \int_{x_0}^{x_1} m \frac{dv}{dt} dx \end{aligned}$$

$$\begin{aligned} F &= m \overset{\text{mass}}{\cancel{a}} \overset{\text{accel}}{\cancel{a}} \\ (F &= \text{net force}) \end{aligned}$$

$$\begin{aligned} &= \int_{v_0}^{v_1} m \frac{dx}{dt} dv \\ &= \int_{v_0}^{v_1} m v dv \\ &= \frac{1}{2}mv_1^2 - \frac{1}{2}mv_0^2 = \underline{\text{net change in } \frac{1}{2}mv^2} \end{aligned}$$

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*kinetic energy*